



The World's Leading
Provider of Executive
Health Assessments

Echelon Health's state-of-the-art facilities, advanced imaging technology and clinical expertise, places them at the forefront of preventative medicine globally.



Established with the sole purpose of saving lives, Echelon Health brings together 30 years of clinical expertise, the latest imaging technology and unparalleled service to offer its corporate clients the world's leading Health Assessments available today, detecting up to 95% of the main causes of premature death.



“The service they are providing at present is, in my opinion, the best that can be achieved in current practice with existing knowledge.”

Dr. David J. Wilson

MBBS BSc MFSEM FBIR FRCP FRCR
Past President,
British Institute of Radiology

Do you or your team members really know **how healthy you are?**

When any member of an organisation gets ill, the impact on their friends and family, as well as the business can be devastating, especially if they get seriously ill. Many organisations have some form of health assessment in place for their senior leaders and staff. However, few add any real value for the individual, or company, because most use generalised statistical models to determine an individual's likelihood of having (or developing) various diseases. That is not the same as knowing whether that same individual already has the early and (so far) undetected stages of a life-threatening disease. Prevention is always better than cure. However, the problem is that most people see a doctor when they feel unwell, not when they feel fine. But feeling fine is not the same as being fine. That is where our clinically robust, preventative health assessment comes in.



An Echelon Health corporate health assessment provides the individual and their business with **peace of mind.**

Our most comprehensive health assessments can detect up to **95% of the preventable causes of premature death.**

- + We know our clients are busy people. That's why we have designed our most comprehensive health assessment to take less than 6 hours to complete – in a single visit.
- + We use a combination of advanced imaging modalities (CT, MRI, ultrasound, mammograms) together with detailed blood tests to detect the earliest stages of the majority of life threatening diseases.
- + Each scan we undertake is the best (and sometimes only) scan for each disease we are looking for. For example, only a CT coronary angiogram can detect the early stages of furring up of your coronary arteries – the precursor to a heart attack, while a powerful MRI on the other hand is the gold standard for screening for prostate cancer and an ultrasound scan for screening for ovarian cancer.
- + Each scan is reported on by a specialist consultant radiologist who is a recognised expert in their field. Our most comprehensive health assessment is reported on by up to 7 radiologists.
- + We pull everything together in a detailed report and consultation that you can have complete confidence in. Our most comprehensive health assessment can detect up to 92% of the causes of premature death in men and up to 95% in women.
- + We do not compromise on any aspect of the experience. Safety is our top priority, but we are also obsessive about delivering excellence in client care and experience. That's why our clients are always accompanied by a personal client liaison manager during their assessment and enjoy the use of a dedicated private suite throughout their day for complete privacy and relaxation (dependant on the assessment type).



We work alongside our corporate partners to alleviate the administrative burden and facilitate a **seamless onboarding process.**



- + We work with you to create a health assessment programme tailored to the specific needs of your team.
- + We work alongside your HR team to minimise their administrative responsibility.
- + Our corporate partners receive the same level of attention to detail and personalised service that our individual clients receive.
- + We will always deliver the highest standards of individual client confidentiality when it comes to their personal data; we can also provide anonymised outcomes data and statistics (where the cohort size permits) to support you taking effective measures to improve the overall health and wellbeing of your team.

› Echelon's Platinum Health Assessment

+ Medical Questionnaire & Pre-Assessment

Every Client completes a detailed Medical Questionnaire that ensures a full medical history is taken. This is reviewed by one of our Doctors who may need to speak with you to establish more detailed information relating to your health and risk factors.

+ Blood Tests

Detailed blood tests of more than 40 parameters including blood count, kidney, liver and bone function as well as cancer markers and hormones.

01 ECG

An Electrocardiogram (or ECG) is an important test that records the rhythm, rate and electrical activity of your heart. It is completely painless and takes only a few minutes.

02 CT Aorta

Our heart scan examines the beginning of the aorta for any evidence of dilation which could be the early signs of an aneurysm.

03 CT Heart

CT Heart Scan (Calcium Score) examines your overall heart arteries for any calcium deposition, the earliest sign of atherosclerotic disease.

04 CT Coronary Angiogram

This determines the exact location and severity of any atheroma.

05 CT Chest

With this scan, we are looking for evidence of tiny nodules which could be the early signs of lung cancer.

06 CT Pelvis

Here, we are looking for any signs of abnormalities or tumours in your kidneys, bladder and lymph glands.

07 CT Abdomen

Here, we are looking for any signs of abnormalities or tumours in your liver, gallbladder, spleen, pancreas and adrenal glands.

08 CT Virtual Colonoscopy

This scan is looking for colonic polyps and early indications of possible cancer.

09 CT Bone Density

A CT Bone Density scan is an extremely accurate method of measuring the density of your bones and diagnosing osteoporosis.

10 MRI Brain

This detailed scan of your brain looks for any indications of tumours or significant abnormalities, including of the sinuses and inner ears.

11 MRI Cerebral Artery Angiogram

This scan looks directly at the arteries in your brain to assess whether there has been any narrowing or malformations of them.

12 MRI Carotid Artery Angiogram

This determines whether there is any narrowing of the neck arteries that supply blood to the brain.

13 MRI Prostate (Men)

This, combined with the PSA blood test, is the most accurate means of screening for prostate cancer.

14 Ultrasound Thyroid

An ultrasound of the thyroid is looking for evidence of nodules or tumours.

15 Ultrasound Testes/ Ovaries

This scan is designed to look for any evidence of testicular/ovarian tumours or cysts.

16 3D Digital Mammography (Women)

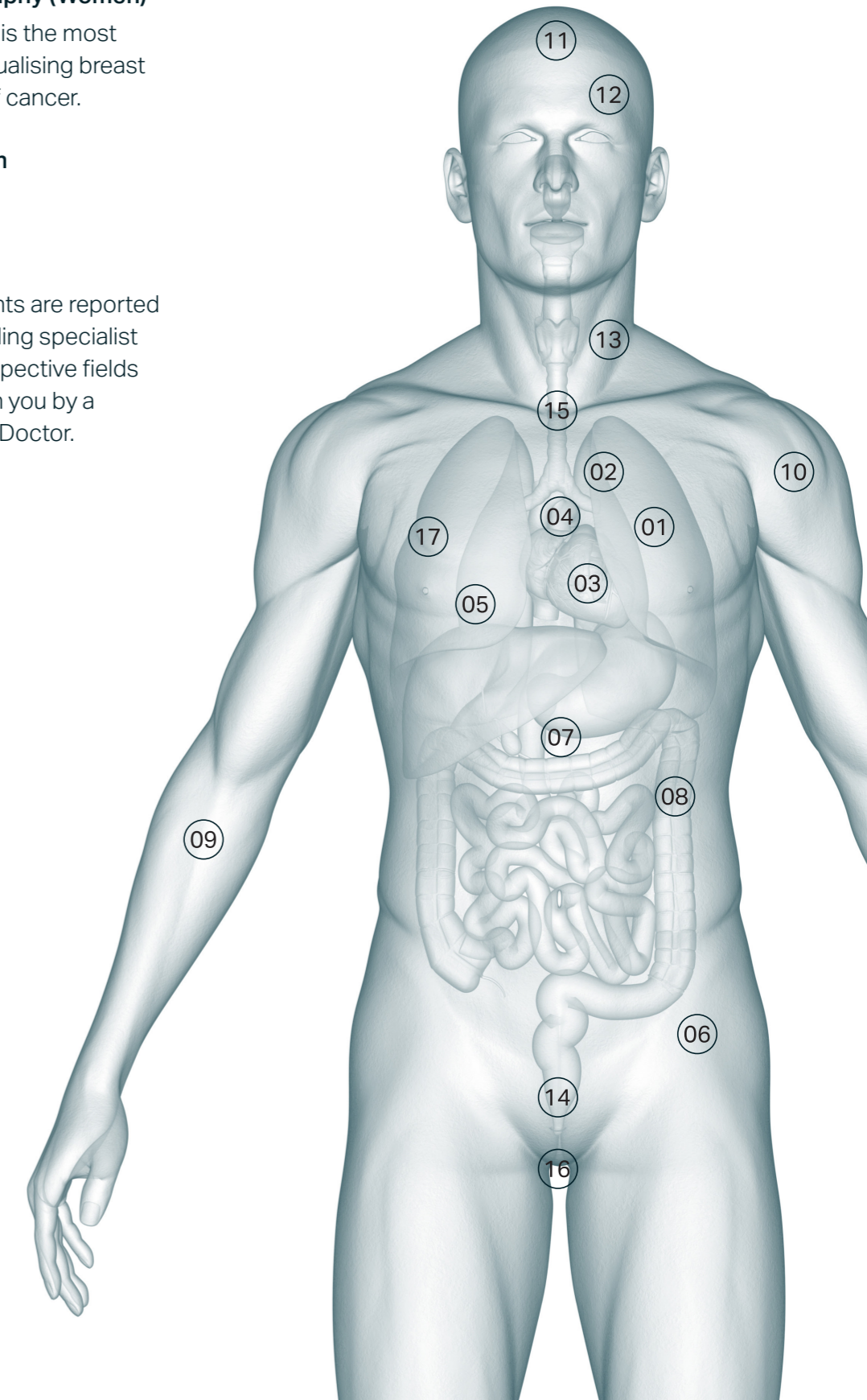
A digital mammogram is the most accurate means of visualising breast lumps or early signs of cancer.

+ Full Body Mole Screen

Skin cancer screening.

+ Final Consultation

Your scans/assessments are reported on by some of the leading specialist radiologists in their respective fields and then reviewed with you by a senior Echelon Health Doctor.



“I do hope that others will treat themselves to the full preventative maintenance regime by Echelon Health, **which can potentially be lifesaving.**”



Nick is the CEO of a highly successful boutique advisory business. He came to Echelon Health for a Platinum Health assessment feeling well with no health concerns. However, major health risks were detected during his assessment.

“The bottom line is that I was diagnosed with a cerebral fistula in my brain, a condition from which I was suffering no symptoms but would have almost certainly led to a massive brain haemorrhage. It would have been completely undetectable in a normal medical.”

Following Nick’s diagnosis he was immediately referred to one of the best specialists in the country and underwent a successful procedure a few days later.

Nearly 43% of clients had up to 75% narrowing of one or more of their coronary arteries.

Echelon Health recently carried out a screening programme of a large cohort of executive men and women. Each had a heart scan to determine their level of coronary artery calcium ("CAC") as well as a CT coronary angiogram ("CTCA") to accurately image the inside of their coronary arteries.

The CAC score correlates strongly with the presence and severity of coronary atherosclerosis. Almost 30% of the group had a CAC score greater than 160 which has been shown to be associated with a 20-fold increased risk of suffering a future heart attack, yet none of them showed any symptoms.

The CTCA on the other hand can identify areas of 'furring up' and quantify the degree of narrowing of the artery, as well as determining the presence of 'soft' plaque which has not yet calcified and is more vulnerable to rupture and is the main cause of sudden cardiac death. Nearly 43% of clients had up to 75% narrowing of one or more of their coronary arteries. These clients are now receiving effective medical treatment.



Echelon Health is on a mission to help all our clients take control of their health, by providing the world's most comprehensive health assessments.



Private Healthcare Awards 2021
Echelon Health
Most Advanced Preventative
Health Assessment Provider



Manage HR Awards 2023
Echelon Health
Top Emerging Corporate
Wellness Company in Europe



Acquisition International
Global Excellence Awards 2023
Echelon Health
Best Preventative Health
Assessment Company

It would be our pleasure to have the opportunity
to demonstrate how our Executive Health
Assessments can have a profound and beneficial
impact on your team and your company.

Please call us on *020 7580 7688*
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